



Harold Ray James

September 30, 1941 - April 29, 2026

Harold Ray James, age 84, of Buford, GA passed away on Tuesday, April 28, 2026.

He was preceded in death by his beloved wife, Winifred "Freda" Ryan James. He is survived by two sons and their wives; Steven and Piper James of Milton, GA and Jimmy and Teresa James of Medfield, MA; his grandchildren Courtney Mcgonigle (Max) of Boston, MA and Mykal Griscom of Milton, GA; and one great-grandson Hunter St. Germain.

Born in Leicester, North Carolina, Harold's distinguished career in the United States Army allowed him to see the world. Following the passing of his wife, Harold found a new calling and made a second career for himself as a volunteer for Capstone Hospice. He made many friends within that community and was always thrilled to go and spend time with other veterans and anyone else who needed a friend.

There will be a private service at a later date.

In lieu of flowers, the family kindly requests that donations be made in Harold's memory to Capstone Hospice.

Tribute Wall

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“ *Mr. Harold selflessly devoted the last 8 years to volunteering for Capstone Hospice. He spent many hours every week sitting with and providing support to our most fragile patients and their families. In our discussions he frequently referred to his beloved wife Freda and every time had a tear in his eye. He loved their life together and it was apparent how badly he missed her. What a reunion they must be having! And at last, they are both together in peace. He has been the light in the world for many. Prayers of peace for the family and friends of Mr. Harold as I know that he will be missed.*

Brandy Mazloum - May 01 at 08:31 AM

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“ *Mr. Harold was a hero. A career U. S. Army soldier who, in his retirement, served as a hospice volunteer, visiting an average of 10-15 hospice patients every week for Capstone Hospice. Mr. Harold was one of the most humble, caring, servant-hearted men I have ever known. He is already missed by our Capstone Family. What a gentle giant he was!*

Jimmy Orr - April 30 at 07:38 PM